

Loma Linda - Chili

# Nutrition Facts

1 servings per container

**Serving size** 1 cup (425g)

**Amount Per Serving**

**Calories** **517**

**% Daily Value\***

**Total Fat** 19g **24%**

Saturated Fat 3g **13%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 2087mg **91%**

**Total Carbohydrate** 46g **17%**

Dietary Fiber 15g **54%**

Total Sugars 6g

Includes 6g Added Sugars **12%**

**Protein** 59g **118%**

Vitamin D 0mcg **0%**

Calcium 100mg **7%**

Iron 6.4mg **35%**

Potassium 610mg **13%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.